

You Are Welcome Here

Welcome to Yogaville Community



May we all be the change we wish
to see in the world, by first starting
with our own heart and mind.

Dear Neighbor,

Welcome to Yogaville Community - a small magical pocket of central Virginia. A friendly place where people are encouraged to get to know themselves, while simultaneously getting to know this expanse of nature and everything that comes along with it. A place where you will find places to explore, be silent, listen, commune, connect, eat, learn, be of service, and most importantly, have fun.

We are happy you are here!

This is a community made up of about 150 households and 200 residents. Of these residents, about 15 of them are monastics, who have dedicated their life to service.

Some intentionally moved to this area of Buckingham County, while others were born here, or found themselves here through a series of unexpected events. No matter what the reason for one's arrival, we are all here NOW. The Yogaville Community Association's (YCA) mission is to be of service to our neighbors by being rooted in benevolence and promoting economic, social, spiritual, and cultural resilience / development. The YCA is made up of 4 executive board members, 6 district representatives, countless committee members & community volunteers. To learn more about our organization & efforts check out our website - www.yogavillecommunity.org

And lastly, let us remember the human who envisioned a place where all faiths could feel welcomed & represented. Because of Swami Satchidananda's vision, we have a home unlike any other place on earth. A place where true human UNITY was not only imagined and talked about, but also put into action. The LOTUS temple stands for Light of Truth Universal Shrine. There is an altar for all major world religions & also an altar for all unknown or unnamed faiths. Although the temple's main focus is on the variety of spiritual paths, this space, to me, represents the variety of humans, of personalities, of backgrounds, of skin colors, of sexual orientations, of interests, of whatever it is that makes you unique.

We hope you enjoy all that Yogaville Community has to offer!

May you feel welcome

May you feel like you can be yourself

May you feel useful

May you feel whole

May you feel content



Welcome home,
Alex Ishwari Gordon

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Council President- Yogaville Community Association

General Area Information



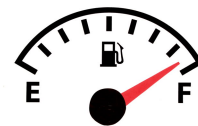
Buckingham County - <https://www.buckinghamcountyva.org/>

Car Information



Charging Stations

- Charlottesville, VA
<https://www.tesla.com/findus/location/supercharger/charlottesvillesupercharger>
- Farmville, VA
<https://www.tesla.com/findus/location/supercharger/farmvillevasmainstreetsupercharger>



Arrive w/ a full tank

Gas Stations

- Ducks Corner - 10442 South James River Highway, Buckingham, VA 23921
- Glenmore Country Store & Gas Station - 20 Glenmore Rd, Scottsville, VA 24590
- Exxon - Buckingham Exxon - 14241 W James Anderson Hwy, Buckingham, VA 23921 Telephone 434-969-4023
(Open 24 Hours <https://www.exxon.com/en/find-station/200310190>)
- Scottsville Sunoco (Ali's Place) - Route 20 - 13338 S Constitution Route, Scottsville, VA 24590

Towing

- Tommy Shull's Towing
<https://www.tommyshullswrecker.com/>
(50-mile tow to Charlottesville is ~ \$250, which can be reimbursed by AAA for AAA members)



Library Information



Buckingham Library

- 16266 N. James Madison Hwy, Dillwyn, VA 23936
- Hours: Monday – Friday: 10am – 6pm, Saturday 10am – 5pm, Sunday – Closed
- 434-983-3848
- <https://cvrl.net/acout/>

Yogaville Library

- Currently Closed, open by appointment only – Swami Murgunanda – 434-969-3121 ext.

Post Office Information



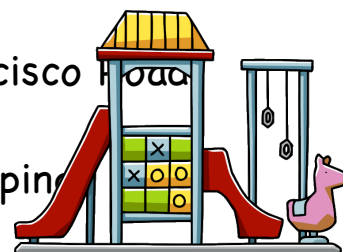
- WINGINA POST OFFICE
- 13711 Norwood Road, Wingina, VA 24599
- Hours: Monday – Friday 8:00am to 12:00pm, Saturday – 7:45am – 9:15am, Sunday – Closed
- Phone: 434-263-8346
- Full service post office includes: PO Box Rentals, Money Orders, Greeting Cards, UPS Prepaid Drop off Location

Directions from Yogaville: Take 604 (Woodland Church Rd) to route 56. Turn right on Route 56 (S. James River Highway) and the Wingina PO is located about 1.5 miles away. Go down the Wingina hill, cross the river and the Post Office is just past the railroad tracks on the left

Recreation Information

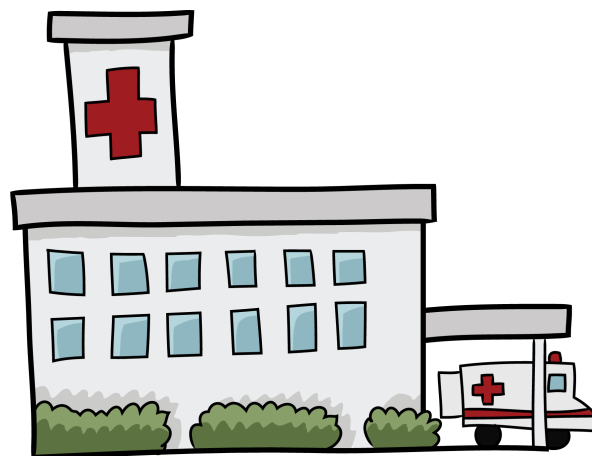


- **Yogaville Vidyalayam School** – end of Karuna Lane, veer to left
 - Includes playground, soccer field, & basketball court
- **Yogaville Hiking Trails** (see yellow guide)
- **James River State Park** – 104 Green Hill Drive, Gladstone, VA 24553, 434-390-4742
 - Includes 1,500 acres along river, picnic, camping, 17 miles of trails, boat ramps, tube/kayaks, horseback riding trails, cabins, & visitor center
- **Buckingham Community Park** – 93 Main St., Dillwyn, VA 23936 (located behind Dollar General)
 - Includes pavilion w/ 12 picnic tables, porter john, charcoal grill, soccer field, & playground
- **Historic Village at Lee Wayside** – 84 Lee Wayside Rd, Buckingham, 434-547-2296, open sat/sun 1-4pm April – December
 - Step back into time when life was simpler... a beautiful setting among a mix of old oaks and maples (free admission)
- **Quarry Gardens** – 1643 Salem Rd, Schuyler, VA 22969, <http://quarrygardensatschuyler.org/contact-us/> (14 miles from Yogaville) by appointment only
 - Includes 2 miles of walking trails, 30 galleries of native plants, visitor center, native lawn glass research project, picnic pavilion
- **Dorrier Park & Levee Walk** – South Page Street, Scottsville, VA, 434-286-9267, <https://www.scottsville.org/visit/parks-and-hiking/>
 - Includes 2 tennis courts, soccer field, softball field, a wheelchair accessible playground, picnic shelter can seat 50, public restrooms
- **Buckingham- Appomattox State Forest** – 1685 Francisco Road, Dillwyn, Virginia 23936, (434) 248-6308
 - Includes 20,000 acres, Holiday Lake State Park, camping, picnic, swimming, boating, & hiking.
- **Jai Ram Kayak & Canoe Livery** – 434-390-4742
 - Services Yogaville community residents along the James River



Hospital Information

- **Sentara Martha Jefferson Hospital** -
500 Martha Jefferson Dr, Charlottesville,
VA 22911, (434) 654-7000
 - <https://www.sentara.com/charlottesville>
- **UVA University Hospital** - 1215 Lee St.,
Charlottesville, VA 22903, (434) 924-3627
 - <https://uvahealth.com/>
- **Centra Southside Community Hospital**
- 800 Oak St, Farmville, VA 23901, (434)
392-8811
 - <https://www.centrahealth.com/SCH>



Donation Center Information



Giving
Hope
Today

- <https://cvillehabitatstore.org/>
- <https://caspca.org/rummage/>
- <http://www.schoolhousethriftshop.com/history>
- <https://www.upliftthriftstore.org/>
- <https://salvationarmypotomac.org/charlottesvillava/family-store/>
- <https://goodwillvirginia.org/location-finder/>

Organic Food Delivery Services

- Misfits Market: www.misfitsmarket.com
- Imperfect Foods: <https://www.imperfectfoods.com>



Grocery Store Information (w/organic options)



- Mandala Cafe, Yogaville
- Food Lion, Dillwyn
- Integral Yoga Natural Foods, Charlottesville
- Whole Foods, Charlottesville
- Trader Joes, Charlottesville
- Rebecca's Natural Food, Charlottesville
- Wegman's, Charlottesville
- Kroger, Appomattox & Charlottesville
- Ellwood Thompson's, Richmond
- Whole Foods, Richmond

Farmers, Gardeners, Greenhouse, & Market Information

- Yogaville Farm – Ganesh MacIsaac, 434-969-2511
- Grown For Good – Swami Dayananda, 434-969-6148
- Nirvana Greenhouse – Parvati Moore, 434-962-4989
- Bob Day- 434-282-0136
- Whisper Hill Farm (CSA, Organic Produce)
<https://whisperhillfarm.com/>
- Free Range Eggs: Joyce Ragland, 434-263-5257; 1881 Warminster Drive, Wingina, VA 24599
- Scottsville Farmers Market: Saturdays: 9:00 a.m.–1:00 p.m., April – November, Next to Tavern-on-the-James.
<https://www.scottsvillefarmersmarket.org/>
- Pigeon Valley Farms – Stargazer Cox 828-550-4001



Café Information



- **Mandala Café, Yogaville**
 - Hours: Everyday – 10:30–11:30am & 1:30–4:30pm
- **Nirvana Café, Yogaville**
 - Hours: TBD
- **Corner Coffee Junction, Dillwyn**
 - Hours: 8am–3pm; closed Sunday (will deliver to Duck's Corner)

Veterinarian Information

You Are Welcome Here

- **Piedmont Veterinary Service**

1418 Plank Rd, Keene (434) 286-6345

<https://www.piedmontveterinary.com/>

- **Slate River Vet**

790 Whorley Town Rd, Buckingham (434) 969-3456

<https://www.slaterivervet.com/>

- **Crozet Animal Wellness Center**

1100 Crozet Ave, Crozet (434) 823-8883

<https://www.crozetanimalwellnesscenter.com/>

- **Ridge Animal Hospital**

1913 E 3rd St., Farmville, VA 23901 (434) 392-8222

<https://www.farmvilleanimalhospital.com/>

- **Old Dominion Animal Hospital**

811 Preston Ave, Charlottesville, VA 22903

(434) 971-3500

• <https://www.olddominionanimalhospital.com/>

- **Lovingston Veterinary Hospital**

8151 Thomas Nelson Hwy, Lovingston, VA 22949 (434) 286-1881

<https://lovingstonvet.com>



Online Zoom Gathering Information

Every Day

Live Online Meditation & Arathi

Live Online Hatha Class

6am | priyaananda@yogaville.org

5pm | www.facebook.com/SatchidanandaAshram

Monday

A Course In Miracles

YCA Board Meetings (*every other week*)

10:30am-12pm | bharataw69@gamil.com

4pm | Alexandra.gordon108@gmail.com

Wednesday

Yoga Sutra Study

7:30-9pm | pb2030@gmail.com

Thursday

Nonviolent Communication

Healing Racism Podcast Club (*every other week*) 5-6:30pm | peacetoall108@gmail.com

11-12pm | rgdcat@aol.com

Friday

Community Outreach Meeting

2pm | Alexandra.gordon108@gmail.com

Saturday

Circle of Now

Satchidananda Ashram Yogavill Satsang

9-10:30am | director@iyta.org

7:30pm | <https://livestream.com/yogaville>

Sunday

Eco-Action Group (*every first Sunday*)

5:30-6:30pm | caseydugan@juno.com

Local Etiquette Information



You Are Welcome Here

Community Driving Etiquette

- Side streets- 15 MPH max
- Main Road (604/Woodlawn Ch.) – 35 MPH max
- Watch for walkers, riders, children, & wildlife

Ashram Land, Shrines, & Building Etiquette

- Abide by Integral Yoga Lifestyle Principles
- Address Monastics as “Swami (their name) or Swamiji”
- Dress modestly
- Leave every place cleaner than how you found it
- *Wise Action = give more than you take*



Trash & Recycling Information

Yogaville Waste and Recycling Program (YWRP)

This ashram ran program allows community members to use the trash and recycling containers conveniently located in the Sivananda Hall parking lot (108 Yogaville Way) for household recycling and trash for a monthly fee. This payment includes use of both the recycling container and trash bins. **Single \$10, 2 people (renters, couple, roommates) \$15**

3 or more/family \$20 If you are interested in joining the program, sign up for monthly autopay at this [link](#).

Yogaville Community Association (YCA) supports the recycling program by providing a platform for payment. *You do not need to be a member of the YCA to join.* All billing will show as coming from Satchidananda Ashram. For more information about this program and the required

registration page, please visit [here](#). After you sign up you will get an orientation packet and charts to explain how to recycle. If you have any questions, have problems signing up with auto pay, or are unable to sign up using auto pay, please call Mindy at 415 752 3041. *All recycling needs to be washed, clean, dry and squashed. Cardboard boxes need to be taken apart and flattened in order to save space. No plastic bags are allowed.*



Online Spaces Information

Facebook Pages

- Yogaville Community Association
- Satchidananda-Ashram Yogaville

Facebook Groups

- Yogaville – share sell swap
- Yogaville Community Association Members
- Yogaville Community
- Yogaville Sangha
- COVID Yogaville
- Garden Club at Yogaville



Yogaville Community Association (YCA) Information

The YCA is a local non-profit organization that is rooted in benevolence and promotes economic, cultural, spiritual, and social development.

To learn more and get involved → www.yogavillecommunity.org

To donate and support our efforts →

<https://yogavillecommunityassociation.org/support-yogaville-community/>

Satchidananda-Ashram Yogaville Information

The ashram is currently closed to the public as of March 2021 due to COVID-19. The reopening date is still to be determined.

To learn more about Ashram Administration & Leadership go to →

<https://www.yogaville.org/about/leadership/>

To receive spiritual support go to →

<https://www.yogaville.org/spiritual-support/>

To try an online hatha class or meditation go to →

<https://iyta.org/courses/live-offerings/>

To join the online community go to→

<https://www.iytv.online/>



Satchidananda